

JOB DESCRIPTION **NOVAS**

Housing | Health | Recovery

Job Title:	Counselor	Post Number:	Vacant
Reports To:	Senior Health and Recovery Manager	Location:	Limerick
Salary:	This role is attached to a defined salary scale which ranges from €41,760 to €51,230 and appointments are made depending on qualifications and experience.		

Purpose of the job

NOVNS are seeking to recruit a Counselor for our exciting new women specific day service. This role will be part of the team responsible for the setting up and operation of these new services based in Limerick City, but serving women across the Midwest. The service is a non-judgemental, low threshold, high tolerance safe space for women, which provides access to key working, counselling, psychoeducation and social groups on site as well as support to access GP, general and mental health nursing and other specialised supports as required.

The day service for women will provide a single access point to support in the areas of addiction, health, gender-based violence & coercive control, legal issues, life skills, education and employment supports.

The Counselor will provide therapeutic interventions to individuals and families affected by substance misuse. The role will support those of the Community Addiction Workers and will support the provision of an integrated range of preventative, therapeutic and rehabilitation services to meet the diverse health and social care needs of women availing of the service in an accountable, accessible and equitable manner. The Counselor will provide support with minimal barriers for the women engaging with the Wellbeing Centre and the NOVNS Recovery House. However, the Counselor will also be available to other marginalised women in the community, who require low-threshold therapeutic interventions. Access to counselling is not dependent on engagement in other aspects of the service.

The successful candidate will possess the skill set necessary to respond to a broad range of client issues related to substance use, including motivation, harm reduction, stabilisation, detoxification, relapse prevention, relationship difficulties, depression, anxiety, and phobias, loss, coping with stress, abuse, developmental issues, adjustment problems, stress, trauma, violence, anger, and psychosocial difficulties, drawing on therapeutic