



“ Last December, over 70 of our sixth-year students took part in the annual NOVAS Sleep Out. We found the experience enriching as we had the opportunity to put ourselves in the shoes of those less fortunate than us. It was an eye-opening experience, and we would highly recommend trying it. We sang songs and played games while others slept through the night. We are proud of how this night went as it proved we are men and women for others - a vital element of our school's Jesuit ethos. As a year group, we were brought closer together before the busy period leading up to exams. ”

Charlie O'Malley and Faye Luby
School Captains, Crescent College Comprehensive.

NOVAS VISION: EVERYONE HAS THEIR OWN SUSTAINABLE HOME



By partnering with NOVAS, you will make a direct impact on the quality of NOVAS services and enhance the experience for our clients.

By raising funds and awareness for NOVAS, you are joining a movement that ensures the most vulnerable people in your community have a safe place to sleep every night and receive the wraparound supports they need to leave homelessness behind them for good. NOVAS Sleep Out events ensure the most vulnerable people in your community receive the vital supports they need.

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NOVAS
Housing | Health | Recovery



School SLEEP OUT

NOVAS is a not-for-profit organisation and Approved Housing Body working with families and adults who are disadvantaged and socially excluded; primarily those who are homeless or at risk of being homeless. We provide a range of services and housing for marginalised households throughout Ireland.

ABOUT NOVAS

In 2002, NOVAS established its first service in Ireland – a temporary supported, low threshold accommodation service in Limerick. Since then, we have grown significantly, with more than 30 services supporting approximately 6,000 people annually. We are also an Approved Housing Body providing more than 300 social housing units to 700 tenants.

NOVAS responds to the needs of people who experience homelessness, housing insecurity, addiction, and social marginalisation. We support our clients through Housing, Health and Recovery. We recognise the complex issues that cause homelessness and endeavour to offer holistic, long-term solutions.

NOVAS CORE VALUES:

- ▶ Equality
- ▶ Diversity
- ▶ Dignity
- ▶ Strengths-based
- ▶ Rights-based

NOVAS SERVICES

Residential Services

- ▶ Short- and long-term accommodation for families and single adults.
- ▶ Specialised homeless services for women.

Children and Disability Services

- ▶ Specialised disability and mental health services.
- ▶ Services for unaccompanied minors.
- ▶ Housing for young adults at risk of homelessness and leaving the care system.

Outreach Services

- ▶ Intensive supports for families.
- ▶ Tenancy Sustainment and Outreach services.
- ▶ Street Outreach (Soup run).

Health & Recovery Services

- ▶ Community Detox programme.
- ▶ Counselling services.
- ▶ Respite House for families and loved ones of people experiencing addiction.
- ▶ Recovery Houses.

In addition to these services NOVAS is an **Approved Housing Body** providing permanent social housing.

WHAT IS THE NOVAS SLEEP OUT?

The NOVAS Sleep Out is an event designed to help raise funds and awareness for homelessness - it gives a small insight into the challenges faced by people experiencing homelessness. Students get sponsored to brave the cold by swapping their warm beds for a sleeping bag and a piece of cardboard. We're asking you to join us and help end homelessness.

Your school can take part at any time of the year, and we will work closely with you to develop a personalised Sleep Out event.

We can support you along the way by providing:

- ▶ Information about homelessness
- ▶ Guidelines on how to organise a safe sleepout
- ▶ An online donations page
- ▶ Fundraising support, encouragement and advice
- ▶ Marketing materials, t-shirts and signage

In addition to this, we would be happy to visit your school to enhance your students' engagement in the event, celebrate your support across our social media channels and attend your event.

Your school's support will make a real impact in your local community. If you're interested in having a NOVAS Sleep Out at your school, we would love to talk to you. For more information, please contact Jackie Leonard jackie.leonard@novas.ie or call 086 176 4198.

